

## BINGE EATING DISORDER ASSESSMENT

ASSESSMENT OF EATING DISORDERS  
EATING DISORDERS REVIEW  
HANDBOOK OF ASSESSMENT AND TREATMENT OF EATING DISORDERS  
BASIC CONCEPTS OF PSYCHIATRIC-MENTAL HEALTH NURSING  
ASSESSMENT OF EATING DISORDERS  
ANNUAL REVIEW OF EATING DISORDERS  
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ANNUAL REVIEW OF CLINICAL PSYCHOLOGY  
EATING DISORDERS AND EXPRESSED EMOTION  
JAMES E. MITCHELL STEPHEN WONDERLICH B. TIMOTHY WALSH LOUISE REBRACA SHIVES DONALD ALLEN WILLIAMSON  
STEPHEN WONDERLICH LAURI NEVONEN WALTER VANDEREYCKEN LEIGH COHN JANNA GORDON-ELLIOTT ROBERT L. PALMER JAMES LOCK, M.D., PH.D.  
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CONCISE AND PRACTICAL YET COMPREHENSIVE THIS UNIQUE BOOK PROVIDES A CLEAR FRAMEWORK AND A RANGE OF UP TO DATE TOOLS FOR ASSESSING PATIENTS WITH EATING DISORDERS LEADING CLINICIANS AND RESEARCHERS DESCRIBE THE NUTS AND BOLTS OF USING DIAGNOSTIC INTERVIEWS STANDARDIZED DATABASES STRUCTURED INSTRUMENTS SELF REPORT AND FAMILY BASED MEASURES MEDICAL AND NUTRITIONAL ASSESSMENT ECOLOGICAL MOMENTARY ASSESSMENT AND STRATEGIES FOR EVALUATING BODY IMAGE DISTURBANCE CONCRETE EXAMPLES AND SAMPLE FORMS ARE INCLUDED THROUGHOUT AND THE CONCLUDING CHAPTER DISCUSSES HOW TO USE ASSESSMENT DATA IN INDIVIDUALIZED TREATMENT PLANNING

THIS CRITICAL SUMMARY OF CURRENT LITERATURE ON EATING DISORDERS AIMS TO KEEP RESEARCHERS AND HEALTH PRACTITIONERS INFORMED ON THE CLINICAL IMPLICATIONS OF NEW STUDIES IT IS THE FIRST VOLUME IN WHAT IS PROJECTED AS AN ANNUAL REVIEW THAT WILL HIGHLIGHT TOPICS

RELATED TO THE MAJOR ASPECTS OF EATING DISORDERS

THE RECENT PUBLICATION OF THE REVISED DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS DSM 5 HAS HAD A PROFOUND IMPACT ON THE CLASSIFICATION OF EATING DISORDERS INTRODUCING CHANGES THAT WERE FORMALIZED AFTER YEARS OF STUDY BY THE EATING DISORDERS WORK GROUP THE HANDBOOK OF ASSESSMENT AND TREATMENT OF EATING DISORDERS IS THE ONLY BOOK THAT PROVIDES CLINICIANS WITH EVERYTHING THEY NEED TO KNOW TO IMPLEMENT THESE CHANGES IN ASSESSMENT DIAGNOSIS AND TREATMENT AFTER AN OVERVIEW OF FEEDING AND EATING DISORDERS THAT SYSTEMATICALLY REVIEWS THE CHANGES FROM DSM IV TO DSM 5 SOME OF THE FOREMOST SCHOLARS IN EACH AREA ADDRESS EATING DISORDERS IN ADULTS CHILDREN AND ADOLESCENTS AND SPECIAL POPULATIONS CHAPTERS ON ASSESSMENT AND TREATMENT ALONG WITH ACCOMPANYING VIDEOS OFFER COMPREHENSIVE STATE OF THE ART COVERAGE THAT WILL BENEFIT CLINICIANS IN PRACTICE SUCH AS PSYCHIATRISTS AND PSYCHOTHERAPISTS AS WELL AS MENTAL HEALTH TRAINEES CLINICIANS WILL FIND THE FOLLOWING FEATURES AND CONTENT ESPECIALLY USEFUL FIVE FULL CHAPTERS ON ASSESSMENT TOOLS COVER THE EVOLUTION OF MEASURES AND INSTRUMENTS FROM THE PRIMITIVE BEGINNINGS TO THE CUTTING EDGE OF NEW TECHNOLOGICAL APPLICATIONS THE CHALLENGES OF DIAGNOSING FEEDING AND EATING DISORDERS IN CHILDREN AND ADOLESCENTS ARE ALSO ADDRESSED TREATMENT CHAPTERS COVER RESTRICTIVE EATING INCLUDING ANOREXIA NERVOSA AND AVOIDANT RESTRICTIVE FOOD INTAKE DISORDER BINGE EATING INCLUDING BULIMIA NERVOSA AND BINGE EATING DISORDER AND OTHER EATING PROBLEMS INCLUDING PICA RUMINATION DISORDER AND NIGHT EATING SYNDROME ONE CHAPTER FOCUSES ON EATING PROBLEMS AMONG MEN AND BOYS WHO HAVE DIVERSE PRESENTATIONS AND THE MOTIVATIONS AND BODY IMAGE DISTURBANCES THAT MAY DIFFER FROM THOSE TYPICALLY FOUND AMONG FEMALES BECAUSE ATTUNEMENT TO CULTURALLY AND SOCIALLY PATTERNED CHARACTERISTICS OF CLINICAL PRESENTATION IS ESSENTIAL TO AN INFORMED AND ACCURATE MENTAL HEALTH ASSESSMENT AN ENTIRE CHAPTER IS DEVOTED TO CLINICAL EFFECTIVENESS IN MULTICULTURAL AND CROSS CULTURAL SETTINGS EACH CHAPTER ENDS WITH KEY CLINICAL POINTS TO HELP READERS FOCUS ON THE MOST SALIENT CONTENT TEST COMPREHENSION AND

REVIEW FOR EXAMINATIONS CLINICIANS IN BOTH TRAINING AND PRACTICE WILL FIND THE BOOK S UP TO DATE DSM 5 COMPATIBLE CONTENT TO BE UTTERLY ESSENTIAL THE HANDBOOK OF ASSESSMENT AND TREATMENT OF EATING DISORDERS BELONGS IN THE LIBRARY OF EVERY MENTAL HEALTH PROFESSIONAL PRACTICING TODAY

THIS SEVENTH EDITION INCLUDES NEW CHAPTERS AND MAINTAINS POPULAR FEATURES FROM PREVIOUS EDITIONS SUCH AS SELF AWARENESS PROMPTS WHILE ADDING RESEARCH BOXES AND STUDENT WORKSHEETS AT THE END OF EACH CHAPTER

TOGETHER WITH ITS COMPANION VOLUME ANNUAL REVIEW OF EATING DISORDERS PART 2 THIS RESOURCE COVERS THE TWENTY KEY TOPICS INCLUDING BINGE EATING TRAUMA SELF HELP ASSESSMENT AND NEGATIVE BODY IMAGE IT IS A COMPILATION OF REVIEWS FROM LEADING SCIENTISTS AND CLINICIANS AND IS THE ESSENTIAL UPDATE FOR BUSY PROFESSIONALS AND HEALTH RESEARCHERS

THE SUBGROUP OF MALES WITH EATING DISORDERS HAS BEEN UNDERSTUDIED AND THIS BOOK PRESENTS THE MOST COMPREHENSIVE LOOK AT THIS TOPIC SINCE ARNOLD ANDERSEN EDITED THE TEXT MALES WITH EATING DISORDERS IN 1990 THIS MONOGRAPH REPRESENTS BOTH ORIGINAL RESEARCH AND REVIEWS OF OTHER STUDIES BASED ON A SPECIAL ISSUE OF EATING DISORDERS THE JOURNAL OF TREATMENT AND PREVENTION WITH ADDITIONAL ADDED CHAPTERS REPRESENTING INTERNATIONAL CONTRIBUTIONS FROM RESEARCHERS AND CLINICIANS IN NINE COUNTRIES THIS CROSS SECTION INCLUDES CHAPTERS ON ETIOLOGY SOCIOCULTURAL AND GENDER ISSUES SYMPTOM PRESENTATION ASSESSMENT MEDICAL AND PSYCHOLOGICAL CONCERNS TREATMENT RECOVERY AND PREVENTION

THIS CONCISE TEXT CONTAINS CLINICAL CASES COVERING DIFFERENT TYPES OF DYSFUNCTIONAL EATING WITH A FOCUS ON THE EATING DISORDERS IN THE DSM 5 INCLUDING THE NEW DISORDER AVOIDANT RESTRICTIVE FOOD INTAKE DISORDER ARFID EACH CASE WILL FOLLOW THE FORMAT OF

CLINICAL PRESENTATION DIAGNOSIS DISCUSSION AND SUGGESTED READINGS THE DISCUSSION SECTIONS WILL PRIORITIZE TREATMENT AND MANAGEMENT WITH PRACTICAL TIPS FOR CLINICIANS THE TEXT WILL ALSO INCLUDE BOXED QUICK SNAPSHOTS WITH IMPORTANT FUNDAMENTALS THAT ARE RELEVANT TO THE CASE AND THE DIAGNOSIS OR DIAGNOSES BEING PRESENTED PRESENTATIONS THAT ARE COMMON IN CLINICAL PRACTICE BUT THAT MAY NOT FIT NEATLY INTO ONE SPECIFIC DIAGNOSTIC CATEGORY WILL ALSO BE REVIEWED WITH GUIDANCE ON PRINCIPLES OF ASSESSMENT PRIORITIZATION OF PROBLEMS FORMULATION AND MANAGEMENT THE BOOK ENCOURAGES THE CONSIDERATION OF COMORBIDITIES AND DIFFERENTIAL DIAGNOSIS THE STRUCTURE OF THE BOOK S CONTENT WILL GIVE READERS A HEAD START IN HONING THEIR DIFFERENTIAL DIAGNOSIS SKILLS IN THE AREA OF EATING DISORDERS THE BOOK IS SPLIT INTO THREE CATEGORIES BASED ON THE MOST IMMEDIATELY VISIBLE FEATURES OF THE CASE I THE PERSON WHO EATS TOO LITTLE II THE PERSON WHO EATS TOO MUCH III THE PERSON WHO EATS IN AN ODD OR IDIOSYNCRATIC WAY FOR TEACHING PURPOSES SEVERAL OF THE CASES DESCRIBE A NOT NORMAL EATING PRESENTATION THAT ARE NOT CLASSIFIED WITHIN ONE OF THE CURRENT DEFINITIONS OF A PSYCHIATRIC DISORDER FUNDAMENTALS OF DIAGNOSING AND TREATING EATING DISORDERS IS AIMED AT PSYCHIATRISTS PRIMARY CARE PHYSICIANS AND OTHER CLINICIANS WHO MAY SEE PATIENTS WITH EATING DISORDERS

MOST TRAINEES AND PRACTITIONERS IN CLINICAL PSYCHOLOGY PSYCHIATRY NURSING DIETETICS AND COUNSELLING WILL WELCOME THIS CONCISE COMPREHENSIVE AND PRACTICAL GUIDE TO UNDERSTANDING EATING DISORDERS AND TO HELPING PATIENTS WITH THESE DIFFICULT DISORDERS THE AUTHOR IS A RENOWNED CLINICIAN AND TRAINER IN THE FIELD WITH WIDE EXPERIENCE OF RESEARCH AND TREATMENT IN ANOREXIA BULIMIA AND RELATED DISORDERS THE CHAPTERS DEAL WITH THE NATURE AND INCIDENCE OF EATING DISORDERS AND HOW CURRENT CONCEPTUAL MODELS CAN HELP TO UNDERSTAND THEM ASSESSMENT AND TREATMENT INCLUDING UNUSUAL AND COMPLEX CASES AND ALSO THE ORGANISATION OF SERVICES KEY FEATURES OF THE BOOK INCLUDE A CLEAR DIRECT APPROACH TO UNDERSTANDING EATING DISORDERS AND WHAT CAUSES THEM A REVIEW OF THE EVIDENCE FOR TREATMENT METHODS AND THEIR OUTCOMES THE AUTHORS PRAGMATIC REALISTIC APPROACH TO TREATMENT WHICH IS EMPLOYS

EVIDENCE BASED METHODS AND CLINICAL EXPERIENCE AS APPROPRIATE GUIDANCE ON DIFFICULT CASES AND ON SITUATIONS WHEN TREATMENT SEEMS TO GO WRONG BOB PALMER HAS PROVIDED HERE AN ACCESSIBLE UP TO DATE AND PRACTICE BASED GUIDE TO DEALING WITH EATING DISORDERS WHICH WILL INFORM GUIDE AND HELP TO BUILD ESSENTIAL CLINICAL CONFIDENCE IN ALL THOSE INVOLVED WITH HELPING PATIENTS AN OUTSTANDING BOOK THAT DESERVES TO BE WIDELY READ IT PROVIDES A COMPREHENSIVE AND BALANCED ACCOUNT OF CURRENT KNOWLEDGE ABOUT EATING DISORDERS TOGETHER WITH CLEAR GUIDELINES REGARDING THEIR MANAGEMENT THIS BOOK IS WELL WRITTEN AND LUCID IT IS TESTIMONY TO THE AUTHOR S EXTENSIVE EXPERIENCE HELPING PEOPLE WITH EATING DISORDERS AND HIS CONSIDERABLE CLINICAL WISDOM CHRISTOPHER FAIRBURN PROFESSOR OF PSYCHIATRY UNIVERSITY OF OXFORD UK PAPERBACK 0471 986 47x

AN EXCEPTIONALLY PRACTICAL BOOK FOR CLINICIANS WHO ARE INTERESTED IN EVALUATING AND TREATING EATING DISORDERS IN CHILDREN AND ADULTS THIS GUIDE PROVIDES EXPERT GUIDANCE IN A SUCCINCT AND ACCESSIBLE FORMAT

WRITTEN WITH THE PRACTITIONER IN MIND THIS BOOK PROVIDES THE FIRST COMPREHENSIVE GUIDE TO THE PRACTICE OF ENHANCED COGNITIVE BEHAVIOR THERAPY CBT E THE LEADING EMPIRICALLY SUPPORTED TREATMENT FOR EATING DISORDERS

TEXTBOOK FOR AN INTRODUCTORY COURSE ON THE STUDY OF EATING DISORDERS EMPHASIS IS ON ANOREXIA AND BULIMIA NERVOSA PRESENTS THE CONCEPTUAL EMPIRICAL AND CLINICAL APPROACHES TO THESE PROBLEMS ANNOTATION COPYRIGHTED BY BOOK NEWS INC PORTLAND OR

AN INVALUABLE GUIDE FOR WORKING WITH CHILDREN AND ADOLESCENTS WITH BEHAVIORAL DISORDERS EMOTIONAL DISORDERS OR BOTH FEATURING CONTRIBUTIONS FROM RENOWNED EXPERTS SUCH AS GERALD FULLER EUGENIO ROTHE JOHN LOCKMAN CHARLES CASAT FREDDY PANIAGUA AND NANCY WINTERS CLINICAL ASSESSMENT OF CHILD AND ADOLESCENT BEHAVIOR DETAILS HOW TO USE THE BEHAVIORAL ASSESSMENT PROCESS TO DEVELOP

EFFECTIVE TREATMENT AND REHABILITATION PLANS FOR VARIOUS CHILD AND ADOLESCENT PSYCHOLOGICAL AND PSYCHIATRIC DISORDERS THIS COMPREHENSIVE GUIDE FEATURES STEP BY STEP INSTRUCTION FOR SUCCESSFUL IDENTIFICATION AND DIAGNOSIS OF VARIOUS BEHAVIORAL EMOTIONAL DISORDERS AS WELL AS SUGGESTIONS FOR TREATMENT ON SPECIALIZED TOPICS SUCH AS ASPERGER S SYNDROME EATING DISORDERS AND DISRUPTIVE BEHAVIOR CAREFULLY EDITED BY H BOONEY VANCE AND ANDRES PUMARIEGA IT OFFERS THE MENTAL HEALTH PRACTITIONER A WEALTH OF PRACTICAL INFORMATION NOT ONLY ON STATE OF THE ART CLINICAL ASSESSMENT PROCEDURES AND TECHNIQUES BUT ALSO ON APPLIED INTERVENTION STRATEGIES FOR EACH DISORDER ALONG WITH INSTRUCTIVE CASE STUDIES AND VIGNETTES THE BOOK ALSO EXAMINES THE USE OF MEDICATION AS PART OF AN INTEGRATED TREATMENT APPROACH TO MANAGING THESE CHALLENGING BEHAVIORS ADDRESSING THE CRITICAL ADVANCES MADE IN THE FIELD IN RECENT YEARS CLINICAL ASSESSMENT OF CHILD AND ADOLESCENT BEHAVIOR REPRESENTS AN IMPORTANT STEP IN BRIDGING THE GAP BETWEEN VARIOUS DISCIPLINES AND IMPROVING CLINICAL PRACTICE WITH INFANTS CHILDREN AND YOUTH TOPICS COVERED INCLUDE ANXIETY DISORDERS ATTENTION DEFICIT DISORDER BULIMIA AND ANOREXIA NERVOSA CHILD ABUSE AND PSYCHIC TRAUMA COMMUNICATIVE DISORDERS DISORDERS OF INFANCY AND EARLY CHILDHOOD LEARNING DISORDERS MOOD DISORDERS PEDIATRIC BRAIN INJURY PERVASIVE DEVELOPMENTAL DISORDERS POSTTRAUMATIC STRESS DISORDER SOCIALLY AND EMOTIONALLY MALADJUSTED CHILDREN AND YOUTH

EXPERTS SHARE THE LATEST INTERDISCIPLINARY FINDINGS ON THE THEORIES THE EVALUATION AND THE TREATMENT OF EATING DISORDERS INCLUDING ANOREXIA NERVOSA AND BULIMIA

THE FIRST TO SYNTHESIZE THE EXPONENTIALLY GROWING RESEARCH ON EXPRESSED EMOTION EE AND EATING DISORDERS AND APPLY IT TO TREATMENT INTERVENTIONS AND OTHER SCENARIOS THIS UNIQUE TEXT PROVIDES UNPRECEDENTED GUIDANCE TO STUDENTS CLINICIANS AND RESEARCHERS IN THE FIELD OF EATING DISORDERS THIS BOOK EXPLORES THE COMPONENTS OF RELATIVES ATTITUDES AND BEHAVIORS TOWARD AN

ILL FAMILY MEMBER AND DISCUSSES A MODIFIABLE TREATMENT TARGET THAT COULD IMPROVE OUTCOMES FOR PATIENTS THROUGH INTERVENTIONS  
TREATMENT PLANS AND FUTURE DIRECTIONS IN RESEARCH CHAPTERS BRING TOGETHER CONTRIBUTIONS FROM EMINENT SCIENTISTS AND CLINICIANS IN  
THE FIELDS OF FAMILIES EATING DISORDERS AND TREATMENT TO CONTRIBUTE TO THE CLINICAL AND SCHOLARLY UNDERSTANDING OF EXPRESSED  
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